

“Let’s talk about sex!” International Seminar on sexuality education, 1st – 2nd December 2015, Paro College of Education, Bhutan

Paro College of Education in collaboration with UNFPA conducted two days international seminar on sexuality education with the theme LETS TALK ABOUT SEX. The seminar aimed to celebrate and honor the positive outlook and changing policies with regards to sexuality in Bhutan, bring together students, teachers, researchers, LGBTIQ communities and any individual who had evidences and experiences to share related to sexual and reproductive health. There were more than 250 participants comprising of teachers, students, health workers, LGBTIQ community, principals, and representative from Ministry of Health, dzongkhag, Universities, colleges and NGOs. There were fifteen selected papers presented by twenty presenters who were lecturers, students, officials from the ministry and LGBTIQ community.

The seminar provided a platform especially to the students to share their ideas in a way to advance their thinking and gain perspective and points of view that they might not have otherwise considered and an opportunity to increase their confidence in the topics researched. Presentation and discussion on sensitive topics on sexual and reproductive health like the prevalence of sexual harassment in colleges and schools, sexual violence, sexual harassment and culture and tradition served as an avenue to create awareness as well as to introduce such sensitive topics.



“A eleven year old girl gave birth to an underweight baby, she has not even seen her puberty stage and she is already a mother. Imaging teaching eleven year old girl to be a mother. I share this story with much sorrow. It is but natural to be curious about sex. People of all ages, but especially teenagers, have questions about sex and sexuality”. Dr. KP Tshering, President, Kheser Gyelpo University of Medical Sciences in his opening statement.

Glimpses of some of the seminar deliberation



An empirical analysis on Three Dimensional Sexual Harassment experience faced by Bhutanese Women-Ms. Madhur Batra & Dr. Durlav Sarkar, Gedu College of Business Studies.



"Sex is egolessness and timelessness" Mr. Jose K.C during his presentation on Sexuality education in the shoes of Lady Macbeth: A Lawrentian perspective on our sex scruples.



Ugyen & Tshering, B.Ed students from Samtse college of Education



Two B.ED primary student at Paro CoE sharing their research on sexuality in Bhutan



Sonam Wangdi, Ministry of Health. Opinion paper on sexual diversity in Bhutan



Tshering Lham, Teacher on prevalence and attitude of students on sexual harassment